



Royal Oak Schools

Registration, February 10th & 24th at Royal Oak Middle School 5:15–6:45 p.m.
First Lesson—Saturday, March 6, 2010 at Royal Oak High School

2010 Spring Swimming Program

- Instructional Swim Program—Royal Oak High School on Saturdays (9 lessons)
- Evening Recreational Swim Program (Royal Oak Middle High)
- Adaptive Swim Class—Royal Oak Middle School (Saturdays)
- Individual Lessons—Royal Oak Middle School (Saturdays)
- Whale Tales—Royal Oak Middle School (Tuesdays)
- Lifeguard Training (See back)—Tuesdays at Royal Oak Middle School

Age Group	Class Time
Boys/Girls Competitive Swim, Ages (10-18)	7:30–8:25 a.m.
Boys/Girls, Ages (6-14)	8:30– 9:10 a.m.
Boys/Girls, Ages (6-14)	9:15–9:55 a.m.
Tiny Tots, Ages (3-5) without parents	10:00–10:30 a.m.
Tiny Tots, Ages (1-5) with Parent	10:35–11:05 a.m.
Private Lessons and Adaptive Swim	10:35–11:05 a.m.



Swim Programs

Lesson Dates: March 6, 13, 20, 27, April 17, 24, May 1, 8, 15

Training Program for Competitive Swimmers, Ages 7-17

Fee: \$85.00
 Class Time: 7:30–8:25 a.m.
 Pre-Requisite: Must be able to swim 50 yards freestyle. This program provides training for competitive swimmers or students interested in becoming competitive.

Boys & Girls, Ages 6–14

Fee: \$72.00 for first child. \$67 for each additional child in the same family
 Class Times: 8:30–9:10, 9:15–9:55

Tiny Tots, Ages 3- 5 Without Parent

Fee: \$72.00 for first child. \$67 for each additional child in the same family \$62.00 if also signing up for Whale Tales.
 Class Time: 10:45–11:15 a.m.

Adaptive Swim Class, All Ages

Fee: \$20 per half hour (minimum of 5 lessons)
 Description: This class is designed for children with special needs.
 Class Time: 10:35–11:05 a.m.

Individual Lessons, Available to Children and Adults

Fee: \$20 per half hour (minimum five lessons)
 Description: Lessons will be on a one-to-one basis working on necessary levels
 Class Time: 10:35–11:05 a.m.

Tiny Tots, Ages 1–5 With Parent

Fee: \$36.00 for first child. \$31 for each additional child in the same family
 Class Time: 10:35–10:05 a.m.

NEW American Red Cross Longfellow's WHALE Tales **NEW**

Fee: \$48.00 for first child, \$5 discount for each additional child in the same family
 Description: Teaches children how to make good decisions to be safe in, on and around the water. WHALE Tales helps children learn about water safety in many different environments. It also teaches them about sun safety, boating safety and much more. WHALE Tales makes learning fun! (Class taught in classroom environment)
 Class Time: Tuesday evenings from 6:30–7:00 p.m. at Royal Oak Middle School's Pool Lobby beginning March 9. Classes will be held on March 9, 16, 23, 30 April 13 and 20th.



Special Points of Interest

- Parents are welcome to attend class to observe their swimmer's from the balcony
- Non-Royal Oak residents are welcome to register, however their will be an additional charge of \$5.00 per registrant.
- Cancellations—Prorated refunds will be given during the first two lessons and are subject to a five dollar fee.
- Children over the age of four must use their respective locker room. (If special accommodations are necessary, please see a supervisor.
- Registration for Summer lessons will take place in the Pool Lobby at Royal Oak Middle School on Saturday, May 8th from 9:00 – 11:30 a.m. and Wednesday, May 26th 5:15–6:45 p.m.
- Early registration is not permitted.



**Spring Evening Recreational Swim Program
(Tuesday—Thursday)
Tuesday, March 9 through Thursday, June 17, 2010
Pool Closed April 5—9 and any days school is not in session due to an emergency**

Royal Oak Middle School Monday Evenings
7:00—8:00 p.m. Children & Adults

Tuesday evenings
7:00—8:00 p.m. Children & Adults
8:00—9:15 p.m. Adults Only (Lap Swimming)

Thursday evenings
8:00—9:15 p.m. Adults Only (Lap Swimming)

**Fees: Children (ages 3- 17) \$3.00
Adults (ages 18 & Older) \$4.00**

Senior Citizens: Free with pass for city residents (retired and minimum age 60). Passes are available at all elementary schools and at the Continuing Education Office at Churchill

General Information for Swimmers

Equipment needed: Bathing suit, towel, and lock to secure clothing or valuables. School district is not responsible for lost property. No flotation devices are allowed in the pool.

Questions: Call Pamela Moore at (248) 435-8500 ext. 1148 or David Potter at (248)435-8500 ext. 1087

Do You Want to be a Lifeguard—American Red Cross Lifeguard Training at Royal Oak High School

Registration: February 10th or 24th, 2010 from 5:15—6:45 p.m. at Royal Oak Middle School

Classes: Thursdays, April 1, 15, 22, 29, 6, 13

Time: 5:30—7:30 p.m.

Cost: \$150.00 (includes book fee)

Prerequisites: Minimum age 15. Swim continuously 500 yards including a minimum 50 yards of the following strokes: Breast, free and side strokes. Surface dive to a minimum depth of 9 feet and bring a 10-pound brick to the surface. Swim underwater a minimum of 15 yards. Tread water for 1 minute. The American Red Cross Lifeguard Training Certificate will be issued upon successful completion of this course.